

# St Marys Catholic School Manly

## Canteen Menu – 2026

### LUNCH MENU

#### MONDAY

<b>Lunch Order Menu – Monday</b>	
<b>Little Sushi - \$4.80</b>	<b>Sushi Roll - \$4.80</b>
	Tuna (Cooked)
Avocado x9	Tuna and Avocado (Cooked)
Cucumber x9	Tuna and Cucumber (cooked)
Tuna x 9	Chicken Teriyaki
3 x Mixed	Chicken Teriyaki and Avocado
Salmon x 9	Tempura Prawn
	Tempura Prawn (No Lettuce)
	Salmon
	Salmon and Avocado
	Salmon and Cucumber
	Plain Avocado
	Plain Cucumber

<b>Salmon Special \$15.00</b>	<b>Rice Paper Rolls \$7.00</b>
	Vegetarian
	Teriyaki Chicken
	Prawn

	<b>Mini Chicken Steam Dim Sims \$5.00</b>
	<b>Steamed Pork Dumplings \$5.00</b>

# LUNCH MENU

## THURSDAY & FRIDAY

<b>Lunch Order Menu – Thursday</b>			
<b>Sandwiches – Wholemeal and Gluten free bread</b> <i>Please specify if toasted</i>		<b>Hot Meals</b>	
Vegemite	\$2.50	Chicken wrap with lettuce, tomato and cheese	\$5.00
		Butter Chicken & Rice	\$6.50
Spaghetti	\$3.50	Spaghetti Bolognese	\$6.50
Ham	\$3.50	Pizzas wraps- cheese & BBQ Chicken	\$4.50
Cheese	\$3.50	Hot Dogs	\$4.00
Tuna	\$4.00	Fried Rice with Chicken	\$6.50
Egg	\$4.00	Meat Pie	\$5.00
Ham & Cheese	\$4.00	Wholemeal Garlic Bread	\$2.50
Spaghetti & Cheese	\$4.50	Boiled Rice	\$2.00
Salad	\$4.50	Macaroni Cheese	\$6.50
<b>Extras: GLUTEN FREE BREAD</b> Lettuce, Tomato, Cheese, Egg, Carrot	\$1.00 each	Pork Dumplings & Chicken Dim Sims	\$5.00

<b>Lunch Order Menu –Friday</b>			
<b>Sandwiches – Wholemeal and Gluten free bread</b> <i>Please specify if toasted</i>		<b>Hot Meals</b>	
Vegemite	\$2.00	Butter chicken and Rice	\$6.50
		Spaghetti Bolognese	\$6.50
Spaghetti	\$3.00	Homemade sausage rolls	\$5.00
Ham	\$3.00	Pizza Wraps : Cheese & BBQ Chicken	\$4.50
Cheese	\$3.00	Chicken Nuggets	\$5.00
Tuna	\$3.00	Fried Rice with Chicken	\$6.50
Egg	\$3.50	Meat Pies	\$5.00
Ham & Cheese	\$3.50	Wholemeal Garlic Bread	\$2.50
Spaghetti & Cheese	\$3.50	Boiled Rice	\$2.00
Salad	\$3.50	Macaroni Cheese	\$6.50
		Gluten Free & Chicken Nuggets	\$5.00
<b>Extras: GLUTEN FREE BREAD</b> Lettuce, Tomato, Cheese, Egg, Carrot	\$1.00 each	Pork Dumplings & Chicken Dim Sims	\$5.00

# DRINKS & SNACKS

## MONDAY, THURSDAY & FRIDAY

<b>Drinks – Monday, Thursday and Friday</b>	
<i>Sold over the counter or included in lunch order</i>	
Plain Milk 150mls	\$1.50
M2GO – Flavoured Milk : Strawberry & Chocolate	\$3,00
Emma & Tom juices- OJ, Cloudy Apple, Pineapple, Karmarama	\$3.80
Franklin Fall 600ml water	\$1.50

<b>Snacks – Monday, Thursday and Friday</b>	
<i>Sold over the counter</i>	
GLUTEN FREE Gingerbread cookie	\$3.00
Freshly Baked Homemade Mini Ginger Bread	\$0.50
Mini Bites: Cheese, Salt and Vinegar and Chicken	\$2.00
Crispy Fruits, Strawberry, Apple, Mango, Pineapple	\$3.50
Pretzel	\$2.00
Sour Cream Grain Waves	\$2.00
Banana Bread (Full slice)	\$3.00
Banana Bread (Full Slice) GLUTEEN FREE	\$3.00
Freshly Backed Homemade Muffins	\$1.50
Hot Popcorn	\$2.00
Sumo Cookies	\$1.00
Juice Tubs- Lemonade, Wild Berry, Orange, tropical	\$2.00
Vanilla Ice – cream tubs	\$2.00
Quelch Fruit Tube	\$0.50
Smooze: Coconut & Mango, Coconut & Guava.	\$1.00
Moosie – Chocolate, Strawberry, Banana	\$2.00
Frozen Pineapple	\$0.50
Frozen mango cheeks	\$1.00
Apple Slinky	\$1.50
Fresh Cut Watermelon Slice	\$1.50